

Cense^{IBUá}

by SPA Cenvaree



Affordable Relaxation, Uncompromised Standards

A sanctuary for the soulful connection with self and nature,
where one can enjoy the 'Away from the city' feeling.

Taking into account of personal space, rest and rejuvenation,
our services are based on the philosophy of back-to-basics
and treatments that are simple yet effective.

Opening Hours:
10.00 - 21.00 hours

CENTARA
HOTEL HAT YAI



PEACEFUL ENVIRONMENT

Your personal time at Cense by SPA Cenvaree is for relaxation and self-renewal. We ask that you respect other guests' privacy by speaking softly. Please switch off your mobile phones upon entering the sanctuary of spa.

VALUABLES

We recommend that you leave your valuables at home. Lockers are provided, however we regret that we cannot be responsible for loss or damage of personal articles.

PREGNANCY

For the safety of you and your unborn child, use of the spa is not advised during pregnancy.

HEALTH CONDITIONS

If you have low / high blood pressure, heart conditions, skin allergies, or other medical complications, we advise that you consult your doctor before reserving our spa treatments. Smoking and the consumption of alcohol within the spa are prohibited. It is also advisable to avoid the consumption of alcohol or heavy meals prior to, or after any spa treatment.

CANCELLATION POLICY

A 4-hour cancellation or rescheduling notice is required for all services. Rescheduling of appointments is subject to space availability. Any cancellation with less than 4 hours' notice will incur a 50% cancellation fee. A full charge will be imposed for a "no-show".

TRANQUILITY PACKAGES

INSTANT REVIVAL

90 min / Baht 1,500 nett

This reviving package starts your favorite choice of body polish made of all natural fresh ingredients to cleanse and rejuvenate skin. Then, let our experienced therapist work their magic to remove strain in your back neck and shoulder and allow a relaxing hot oil massage to completely remove tension from your body.

PURE BLISS

120 min / Baht 1,800 nett

Experience Head-to-toe pampering with this package. Break down stress with a soothing oil massage, followed by a calming facial to hydrate and protect your skin.

BODY MASSAGE

AROMATHERAPY MASSAGE 60 min / Baht 1,200 nett | 90 min / Baht 1,500 nett

A full-body massage using essential oils to relax the body and mind. Smooth and soothing movements will gently lull you into a realm of tranquil dreams, leaving you totally rejuvenated. Choose from several oil combinations.

THAI HERBAL COMPRESS MASSAGE

90 min / Baht 1,200 nett

Nuad Pra Kob

This traditional massage features a warm herbal poultice to soothe aching muscles. Treatment is particularly effective for alleviating sore muscles, arthritis or stress.

ROYAL THAI MASSAGE

60 min / Baht 600 nett | 90 min / Baht 900 nett

Nuad Thai

Traditional Thai massage over the clothes using pressure points to relieve muscular aches. This therapy combines stretching techniques to loosen joints and tone muscles.

DE-STRESSING HEAD & SHOULDER MASSAGE

60 min / Baht 800 nett

Applying Cense relaxing oils and pressure point techniques focusing on the head, neck and shoulders.

LOTUS FOOT MASSAGE

60 min / Baht 600 nett

This treatment promotes relaxation to the entire body through the use of pressure points and foot massage.

INDIAN HEAD MASSAGE

60 min / Baht 600 nett

Using warm herbal oils, this treatment includes a massage of the scalp, neck and shoulders to sweep away tension and to relieve mental tiredness.

BODY SCRUBS

All scrubs are 60 minutes per session and begin with a gentle body brushing to stimulate the lymphatic system.

SIAMESE HERBAL LOOFAH SCRUB

60 min / Baht 900 nett

Herbal powders are mixed with medicinal plants such as Kaffir lime leaf, Lemongrass and Plai to detoxify and remove dull skin. Treatment features natural loofah scrub to revitalise skin.

DE-AGING PASSION FRUIT & LEMONGRASS SALT SCRUB

60 min / Baht 900 nett

A guest favourite, this scrub is known for its exquisite fragrance and stress-relieving properties. The tangy fragrance of lemongrass refreshes tired mind while passion fruit seeds smoothen skin to perfection.

COCONUT & SESAME GLOWING SCRUB

60 min / Baht 900 nett

Using a blend of coconut and freshly crushed sesame, this therapy stimulates the growth of new skin cell, leaving you a refined skin tone.

AROMATIC COFFEE SCRUB

60 min / Baht 900 nett

This intoxicating coffee scrub is a delicious divine experience for those coffee lovers. The aroma of freshly ground coffee permeates the air while our therapist gently sloughs away old skin cells and nourishing the skin with natural minerals, and anti-oxidants.

FACIAL THERAPY

CENSE HEAVENLY FACE CARE FOR HER

60 min / Baht 1,200 nett

Rich in enzymes and botanical extracts, this firming facial hydrates and instantly revives tired skin through the deep penetration of natural ingredients. Using olive oil, yogurt, oatmeal, honey and freshly crushed almonds, this facial deeply cleanses and exfoliates skin, resulting in natural radiant skin. Completes with traditional Thai Clay mask to restore your skin elasticity.

CENSE HEAVENLY FACE CARE FOR HIM

60 min / Baht 1,200 nett

Our most popular men's facial includes cleansing with our all-natural skin care products, exfoliation, hydration and a finishing mask to relieve razor burn and damage from external elements.

