

Cense โดย

by SPA Cenvaree



Affordable Relaxation, Uncompromised Standards

A sanctuary for the soulful connection with self and nature,
where one can enjoy the 'Away from the city' feeling.

Taking into account of personal space, rest and rejuvenation, our services are based on the philosophy of back-to-basics and treatments that are simple yet effective.

Opening hours:

12.00 - 22.00 hrs Daily

Price is subject to 7% Government Tax and 10% Service Charge.

CENTARA
WATERGATE PAVILLION
HOTEL
BANGKOK

T **TRANQUILITY PACKAGES**

COUPLE RETREAT

210 minute / Baht 7,000++

Combining the richness of Thai herbs and organic plant essences, this spa journey is deeply detoxifying at all levels. These half day packages are developed with therapies specifically tailored for him and for her.

- Jacuzzi
- Botanical Bliss Scrub for Her
- Siamese Herbal Loofah Scrub for Him
- Any Choice of Oil Massage
- Jurlique Deep Cleanse Facial for Him
- Jurlique Intense Recovery Facial for Her

PURE BLISS

120 minute / Baht 2,500++

A blissful package designed for top-to-toe pampering. Break down stress with a soothing oil massage, followed by a calming facial to hydrate and protect your skin.

- Any Choice of Oil Massage
- Cense Heavenly Facial

INSTANT REVIVAL

90 minute / Baht 1,700++

Begins with your favorite choice of body polish to cleanse skin, this spa journey continues with a relaxing oil massage infused with your choice of aromatherapy oil to gently lure you into deep relaxation.

- Any Choice of Body Polish
- Any Choice of Oil Massage

MASSAGE

AROMATHERAPY MASSAGE

60 minute / Baht 1,300++ 90 minute / Baht 1,600++

A full-body massage using pure essential oils to relax the body and mind. Smooth and soothing movements will gently lull you into a realm of tranquil dreams, leaving you totally rejuvenated. Choose from several oil combinations to achieve the best results.

NUAD THAI

60 minute / Baht 1,300++ 90 minute / Baht 1,600++

(Royal Thai Massage)

Traditional Thai massage over the clothes using pressure points to relieve muscular aches. This therapy combines stretching techniques to loosen joints and tone muscles.

DE-STRESSING HEAD & SHOULDER MASSAGE 30 minute / Baht 700++ 60 minute / Baht 1,200++

Treatment concentrates on the head, neck and shoulder area – an area of the body most affected by mental stress. Mental stress often causes stiff neck and shoulder and a massage helps to relax this area by increasing supply of oxygen to the brain to eliminate mental exhaustion.

LOTUS FOOT MASSAGE

30 minute / Baht 700++ 60 minute / Baht 1,200++

This treatment promotes relaxation to the entire body through the use of pressure points onto the soles of the feet.

DEEP MUSCULAR MASSAGE

60 minute / Baht 1,300++ 90 minute / Baht 1,600++

Perfect for the athlete individual who requires body work to release muscle tension and increase joint flexibility. This massage focuses on individual muscle groups using deep compression and strokes. Massage is performed with aromatherapy oils to promote harmony of the body and mind.

HOT STONE MASSAGE

90 minute / Baht 1,900++ 120 minute / Baht 2,400++

Basalt rock is heated in water and placed along the meridians of the body to soothe muscles and relieve tension. These stones are treated with essential oils before being positioned on your chakras. Combined with massage, this therapy creates a deep sense of relaxation.

NUAD PRA KOB

90 minute / Baht 1,600++ 120 minute / Baht 1,900++

(Herbal Compress Massage)

This traditional massage features a warm herbal poultice to soothe aching muscles. This massage is particularly effective for alleviating sore muscles, arthritis, or stress.

*B*ODY TREATS

Our Body Treats begin with a gentle dry body brushing to stimulate the lymphatic system.

SIAMESE HERBAL LOOFAH SCRUB **30 minute / Baht 600++ 60 minute / Baht 1,000++**

A detoxifying scrub featuring herbal powder mixed with medicinal plants such as Kaffir lime leaf, Lemongrass and Plai to cleanse the skin while removes dull skin.

EARTHY BLACK SESAME & HONEY SCRUB **30 minute / Baht 600++ 60 minute / Baht 1,000++**

An earthy scented scrub inspired by local traditions; Recipe incorporates sesame seeds and golden honey that are ideal to exfoliate dead skin cell.

AROMATIC COFFEE SCRUB **30 minute / Baht 600++ 60 minute / Baht 1,000++**

A delicious intoxicating scrub for the coffee lovers. The aroma of freshly ground coffee permeates the air while our therapist gently sloughs away old skin cell and nourishes the skin with natural minerals and antioxidants.

HOT HERBAL CLAY WRAP **30 minute / Baht 600++ 60 minute / Baht 1,000++**

A traditional herbal body mask combining all natural herbs, botanical oil and white clay to stimulate the lymphatic system and help eliminate toxins. This warming body mask will help to balance your body's energy flow while promoting blood circulation throughout the body. Treatment is paired with a relaxing head massage.

GALANGAL FIRMINING WRAP **30 minute / Baht 600++ 60 minute / Baht 1,000++**

A signature creation designed for women to reveal healthy beautiful skin. This body mask uses fresh galangal, turmeric, and black pepper to reduce cellulite and water retention. Treatment is paired with a relaxing head massage.





ADD ON

HERBAL STEAM

30 minute / Baht

500++

JACUZZI

30 minute / Baht

500++

FACIALS

CENSE HEAVENLY FACIAL

60 minute / Baht 1,800++

Rich in enzymes and botanical extracts, this firming facial hydrates and instantly revives tired skin through deep penetration of natural ingredients. Using olive oil, yogurt, oatmeal, honey and freshly crushed almonds, this facial deeply cleanses and exfoliates skin, resulting in a natural radiant skin.

ANTI AGING

60 minute / Baht 2,800++

Jurlique Intense Recovery

An intensive facial to treat sun damaged and nutrient deprived skin with antioxidants derived from Carrot Root Extract, Evening Primrose, and Calendula. This facial improves skin firmness, minimises pore size and leaves skin radiant. Finishing touch includes wrinkle softening cream to soften appearance of fine lines.

FACE HYDRATION & GLOW

60 minute / Baht 2,500++

Jurlique Deep Cleanse

This facial is designed to unclog pores while improving skin tone. This facial includes cleansing, exfoliation, steaming, cleansing mask to rid impurities and excess oils. Facial is completed with a relaxing hand massage using Magnolia & Rose Hand lotion mixed with Rosehip oils and Vitamin E known for its intensive conditioning for the hands and cuticles.

