



SPA

CENVAREE

The touch of thailand



WELCOME TO SPA CENVAREE!

With over 35 spas in South East Asia and the Middle East, SPA Cenvaree is a multi-award operator delivering authentic Thai experiences in stunning locations.

We're passionate about what we do offering the highest-standard therapies by the best-trained therapists. Our treatment selection takes guests on a journey throughout Asia and beyond.

SPA CENVAREE AT CENTARA GRAND ISLAND, SOUTH ARI ATOLL, REPUBLIC OF MALDIVES

Embracing the natural beauty of Maldives and inspired by Thai traditional healing, be pampered with our holistic journeys and enliven your senses with our rituals, music and healing touch.

Our spa menu features the very best of locally harvested ingredients, aromatic oils and therapeutic herbs to ensure you experience total bliss in a tranquil environment.

Spa Facilities

- 9 multi-function therapy rooms, 2 rooms with private jacuzzi
- 1 ocean view Thai massage cabana
- Vichy Shower Experience
- Outdoor relaxation lounges
- The indoor facilities consisting of exclusive male and female change areas equipped with steam rooms, plunge pools and relaxation area.

COUPLE'S EXPERIENCES

*Celebrate your love with our pampering magical experiences at Spa Cenvaree and make memories of "US".
Bring home your memory with our 'Scent of Love' aromatherapy candle.*

THAI TRANQUILITY

Indulge with an authentic Thai massage in our cabana with the soothing sounds of the ocean waves and picturesque view of the setting sun.

75 Min | \$385

SPArkle TWOgether

Foot Ritual
Coffee Body Scrub
Maldivian Massage
Nourishing Facial

120 Min | \$470

OUR ESCAPE

Foot Ritual
Balinese Massage
Thai Herbal Compress
Nourishing Facial

120 Min | \$455

ARAAMU

Couple's Massage. Choose from our selection of body massages that is just right for you.

- * Balinese Massage
- * Aromatherapy Massage
- * Signature Thai Massage

75 Min | \$385

jOURney HIM

Aromatherapy Foot Bath
Maldivian Massage
Foot Massage

75 Min | \$385

HER

Aromatherapy Foot Bath
Balinese Massage
Nourishing Facial

Prices are inclusive of 10% Service Charge and 16% Goods and Services Tax
Use as much as \$150/pax of your spa credits.

FACIALS/SKINCARE

JURLIQUE HYDRATING ROSE FACIAL

50 Min|\$150

Rich in antioxidants, this facial helps to enrich the skin, keeping it smooth, supple, and protected from environmental aggressors. You'll enjoy a deep cleaning massage and mask before a Rose Moisture Plus Serum with essential fatty acids to lock in hydration.

JURLIQUE SENSITIVE SOOTHING FACIAL

60 Min|\$150

A fantastic facial to prevent peeling while saturating your skin with a much-needed moisture boost. You'll enjoy a deep cleaning massage and mask before a delicate hydrating application of Calendula & Witch Hazel cream.

JURLIQUE AGE-DEFYING

60 Min|\$150

An intensive facial to treat nutrient-deprived skin with antioxidants derived from Carrot Root Extract, Evening Primrose, and Calendula. This facial improves skin firmness, minimizes pore size, and leaves skin radiant.

SIGNATURE SPA CENVAREE FACIAL

90 Min|\$170

A luscious, relaxing facial customized for any skin type, these facial uses powerful herbal antioxidants and natural nutrients to address skin texture. Organic ingredients such as lemongrass, tamarind, oatmeal, cucumber, and botanical oils are used to deeply cleanse, exfoliate, and hydrate the skin.

JURLIQUE FACIAL FORMULA FOR MEN

60 Min|\$150

A deeply cleansing facial personalized for men. A rich blend of plant oils is used alongside natural antioxidants derived from Witch Hazel, Grapefruit Seed, and Green Tea to help regulate sebum production. Cleansing and exfoliation is followed by steaming and a hot towel compress to refine the pores. The session ends with a scalp massage and hand massage for complete care.

Prices are inclusive of 10% Service Charge and 16% Goods and Services Tax

BODY MASSAGES

SIGNATURE MALDIVIAN MASSAGE

90 Min|\$180 120 Min|\$210

A signature massage from the island that combines the best of hot oil aroma massage techniques with Acupressure, Ayurvedic Abhyanga movements, Deep tissue, Shiatsu and Lomi lomi. A special warm herbal oil with balancing properties is applied to the entire body and pressure is tapped rhythmically along the muscles.

SIGNATURE NUAD THAI-ROYAL

THAI MASSAGE

60 Min|\$150 90 Min|\$175

Thailand's most famous Massage! This therapy combines stretching techniques, pressure points and more to loosen joints and tone muscles. Thai Massage is sometimes described as 'passive yoga' - you lie down, and your therapist manipulates your body.

AROMATHERAPY MASSAGE

60 Min|\$150 90 Min|\$175

Our most popular treatment! A full-body massage using essential oils to relax the body and mind. Smooth and soothing movements will gently lull you into a realm of tranquil dreams, leaving you totally rejuvenated. Choose from several beautiful oil combinations.

AROMATHERAPY CANDLE MASSAGE

75 Min|\$230

Ignite a flame with Burning Desire! Burn this soy massage oil candle and let the sweet, fragrant oil take over your body as you doze off with our relaxing massage. Melted massage oil is great for doubling as a warm, rich body balm.

EQUILIBRIUM MASSAGE

60 Min|\$150

This treatment promotes intensity varies with your preference. Untie the knots & get back to basics. A back massage incorporates foot massage to the entire body using pressure points onto the soles of the feet.

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DEEP MUSCULAR MASSAGE

60 Min|\$150 90 Min|\$175

Not for the faint-hearted, our Deep Muscular Massage uses strong pressure and compression to stretch the fibers of large muscle groups, releasing toxins and tension points. Upgrade to 90-minutes if you have chronic tension areas (i.e., your muscles have been tight for more than three months).

HOT STONES MASSAGE

90 Min|\$190 | 120 Min|\$220

Basalt rock is heated in water and placed along the meridians of the body to soothe muscles and relieve tension. These stones are treated with essential oils before being positioned on your chakras. Combined with massage, this therapy creates a deep sense of relaxation.

BODY TREATMENTS

Rejuvenate and detoxify with our divine body therapies. All body treatments include an exquisite scalp massage and finish with an application of our Best-Selling Magnolia Hand Cream.

SIGNATURE THAI 7 MIRACLE GRAINS

BODY EXFOLIATION

30 Min|\$75

This body scrub features 7 different types of treasure grains such as Wheat Germ, Barley, Cornmeal, Oatmeal, Millet, Red Rice and Soybeans. On application, the heat loosens tight muscles while revealing a radiant and smooth skin through its exfoliation process.

SPA CENVAREE BODY SCRUBS

30 Min|\$75

Refresh, invigorate and soothe the sense of soft skin with your choice of body scrub.

- Heavenly Coconut Body Salt Scrub - to enliven and renew
- Sublime Mango Body Scrub - to soften and polish
- De-Aging Passionfruit & Lemongrass - to buff and smooth

COOLING ALOE VERA & GREEN TEA WRAP

60 Min|\$160

Calm, soothe and nourish irritated skin from sunburn with this nourishing concoction made from blends of Fresh Green Tea, Cucumber and Therapeutic Flower Oils. Enjoy a heavenly mini facial whilst your body is cocooned in the Body Wrap. After a refreshing rinse, Aloe Vera will be applied followed by a restoring cream to promote the healing process.

COCONUT BODY

90 Min|\$225

A top-to-toe treatment that will leave you smelling like a Pina Colada! Includes an invigorating Coconut Body Salt Scrub, skin-nourishing Coconut Body Mask and a skin-melting application of Coconut Body Lotion.

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MULTI-DAY PACKAGES

COCONUT GLOW

120 Min | \$280

Begins with a vigorous body brushing followed by Pumice stone scrub to smoothen rough skin. Your therapist then combines the curative elements of a warm Coconut Compress with Muscle Melt Massage to ease tight muscles and stimulate blood circulation. You'll also enjoy a spine-tingling scalp massage, soothing hand massage and invigorating Foot Massage

SIGNATURE THAI BODY BALANCE

120 Min | \$280

A spa journey that combines a collection of signature experiences, guests can experience the soul of a Thai spa journey as well as its ancient traditions.

Smoothing Wheat Germ and Sesame Foot Scrub
Organic 7 Miracle Grains Body Exfoliation
Choice of "Nuad Thai" or Aromatherapy Massage
Nourishing Facial Massage with Warming Sesame Pouch

Make the most of your holiday in the Maldives and save up to 30% with our range of Multi-Day Packages.

Redeem your credit as much as \$200/person to enjoy our multi-day packages.

SIGNATURE THOUGH SIAM

3-Day | \$555

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|-------|--|--------|
| Day 1 | Lemongrass and Passionfruit Body Scrub | 75 Min |
| | Foot Massage | |
| Day 2 | SIGNATURE Nuad Thai - Royal Thai Massage | 75 Min |
| | Herbal Thai Compress | |
| Day 3 | SIGNATURE SPA Cenvaree Facial | 90 Min |

SIGNATURE THROUGH MALDIVES

2-Day | \$405

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|-------|-----------------------------|--------|
| Day 1 | Coconut Body Scrub | 75 Min |
| | Back Rub with Coconut Oil | |
| Day 2 | SIGNATURE Maldivian Massage | 90 Min |
| | Refreshing Mini Facial | |

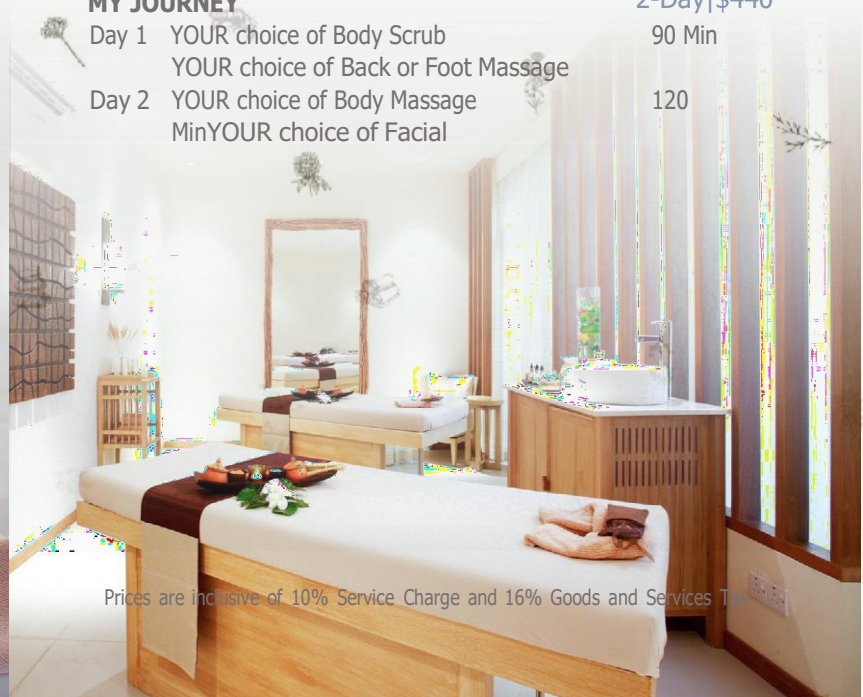
MY JOURNEY

2-Day | \$440

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|-------|-------------------------------------|--------|
| Day 1 | YOUR choice of Body Scrub | 90 Min |
| | YOUR choice of Back or Foot Massage | |
| Day 2 | YOUR choice of Body Massage | 120 |
| | Min YOUR choice of Facial | |



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