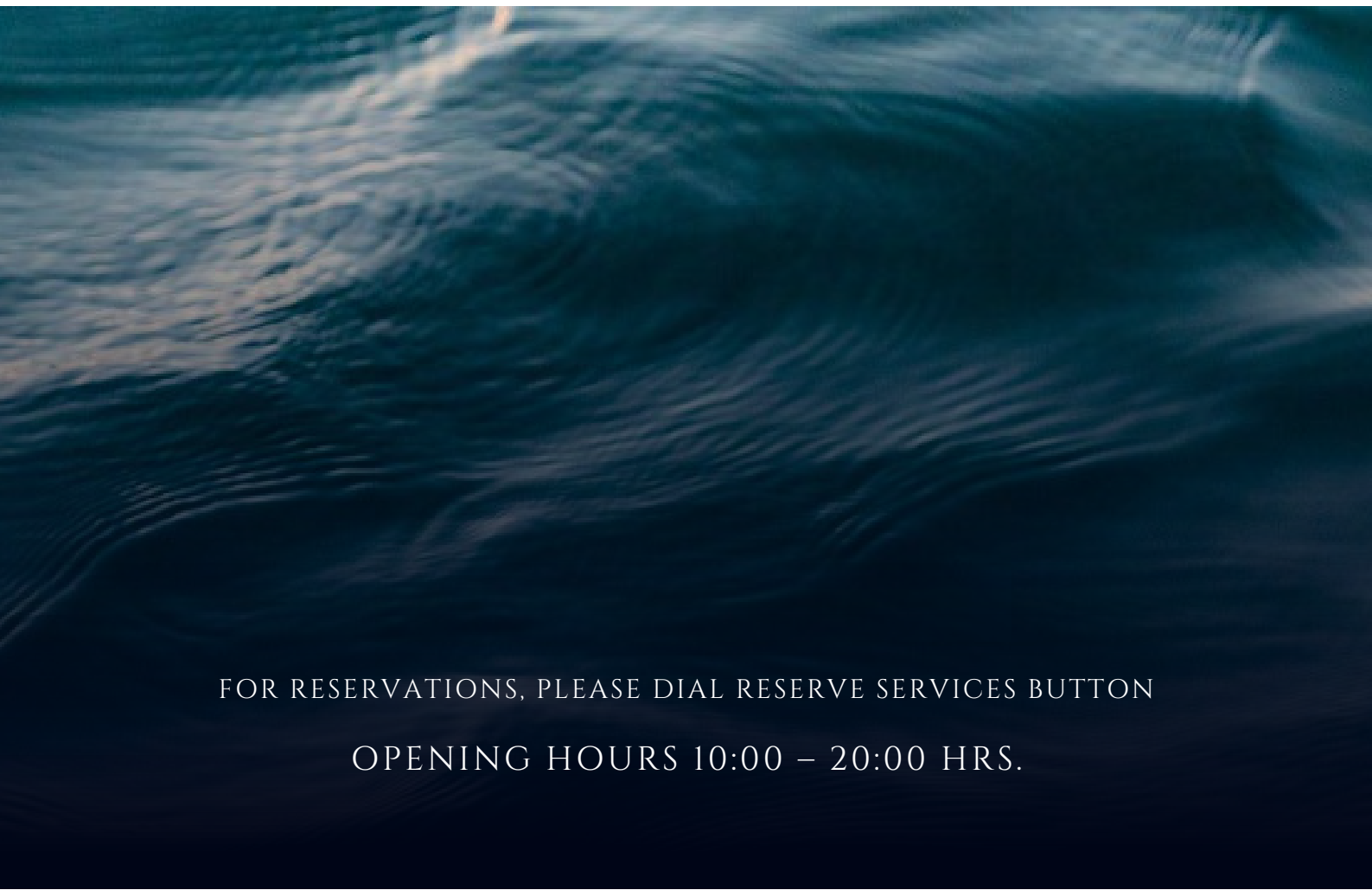




RESERVE
SPA CENVAREE



FOR RESERVATIONS, PLEASE DIAL RESERVE SERVICES BUTTON

OPENING HOURS 10:00 – 20:00 HRS.

WELCOME TO RESERVE SPA CENVAREE

Centara Reserve Samui is the home of the world's first Reserve Spa Cenvaree. With over 35 spas in South East Asia and the Middle East, Spa Cenvaree is a multi-award-winning operator delivering unique spa journeys inspired by traditional Thai healing.

We're passionate about what we do - offering the highest-standard therapies by the best-trained therapists. Our treatment selection takes guests on a journey throughout Asia and beyond.

Embrace the natural beauty of Samui, and enliven your senses with our wellness rituals, music, and healing touch.

The Reserve Spa Cenvaree spa menu features the finest locally harvested ingredients, aromatic oils, and therapeutic herbs to ensure you experience total bliss in a tranquil environment.

CURATE YOUR OWN MEANINGFUL
SPA EXPERIENCES IN LUXURIOUS SURROUNDS.



SPA FACILITIES

- 5 single multi-function treatment rooms
- 2 couples' treatment rooms with private Jacuzzi
- Beauty Bar for facials and nails
- Relaxation conservatory
- Steam, Sauna, and Jacuzzi



SPA MENU

- Memories For Us
- Life in My Thai Garden
- Forces of Nature
- Renewal From Within
- The Beauty Bar
- FAQ

MEMORIES FOR US

UNWIND TOGETHER IN THE PRIVACY OF ONE OF OUR COUPLES' TREATMENT ROOMS.

HEALING HERBS OF LOVE COUPLE EXPERIENCE

HERBAL GARDEN BATHING RITUAL, TRADITIONAL THAI MASSAGE, HERBAL FACE POUCH

Sink into the swirling vapours of earthy herbs in your private bathing ritual, where you can lie back, breathe deep and prepare yourselves for Thailand's most famous therapy – the Traditional Thai Massage in which you will be stretched and massaged to complete relaxation. The finishing touch is a soothing facial massage using a facial pouch filled with healing Thai herbs.

120 mins | 10,500++ THB



VITAL IMMERSION COUPLE EXPERIENCE

WARM COCONUT OIL MASSAGE, COCONUT MILK BATH

This therapy uses both the oil and shell of the coconut to unlock the benefits of nature. Smooth coconut shells are used to gently knead your muscles to release tension. A warm fragrant coconut oil nurtures the skin, while flowing strokes soothes the entire body and calms the mind. Relax afterwards in a silk-smooth bath for two with coconut milk.

90 mins | 8,000++ THB

SOUND OF BAMBOO GROWING COUPLE EXPERIENCE

BAMBOO BODY SCRUB, BAMBOO MASSAGE

The perfect matching of relaxation, a combination of gentle body exfoliation with bamboo body scrub and follow by a deep relaxing bamboo cane massage to ease away tension, to promote balancing the emotional and decreasing stress by shiatsu point.

90 mins | 8,000++ THB

LIFE IN MY THAI GARDEN

FRESH GARDEN THERAPY

BODY POLISH, BODY WRAP, FACIAL POLISH,
FACE MASK, RAKING SCALP MASSAGE

Take a gentle walk through our aromatic Spa Herb Garden with your therapist and select a customised blend of herbs whilst learning about the benefits of Thai medicinal herbs. There are over 20 therapeutic herbs to choose from, including local favourites such as plai, ginger and butterfly pea. Your therapist will infuse your fresh blend with oils and clays in our Apothecary station ready for use in this earthly treatment.

90 mins | 4,500++ THB

ORGANIC HERBAL FACIAL

A luscious, relaxing facial customised for any skin type, this treatment uses powerful herbal antioxidants and natural nutrients to address skin texture. Organic ingredients such as lemongrass, tamarind, oatmeal, cucumber, and botanical oils are used to deeply cleanse, exfoliate and hydrate the skin. A lymphatic facial massage is administered to improve blood circulation and help achieve firmer skin.

90 mins | 4,500++ THB

GUN'CHAIR S'MOON'PRAI (HERBAL INFUSION)

THAI HERBAL COMPRESS, THAI HERMIT
EXERCISE, FLORAL POUCH FACIAL MASSAGE

A beautiful collection of dried Thai herbs including lemongrass, tamarind and kaffir leaf are bound together, gently steamed and rolled over the body. The warmth of the compress and the earthy scents allow the body to release muscular tension and enhance overall mobility. You will then be guided through a series of self-massage techniques via the specialised Thai Hermit technique, before finishing off with a facial massage featuring a mini-facial pouch filled with flower petals.

90 mins | 4,500++ THB

PULSE OF THE EARTH

GENTLE BODY ROLLING, WARM CLAY POT
COMPRESSION JADE FACIAL ACUPRESSURE

This cocooning experience incorporates tender rocking motions with the soothing movements of heated clay pots. Musky, fresh scents are used whilst hypnotic movements mimic the beat of a pulse to invoke an atmosphere of calm and serenity. Any residual tension in the face is melted away with a Jade Acupressure Massage.

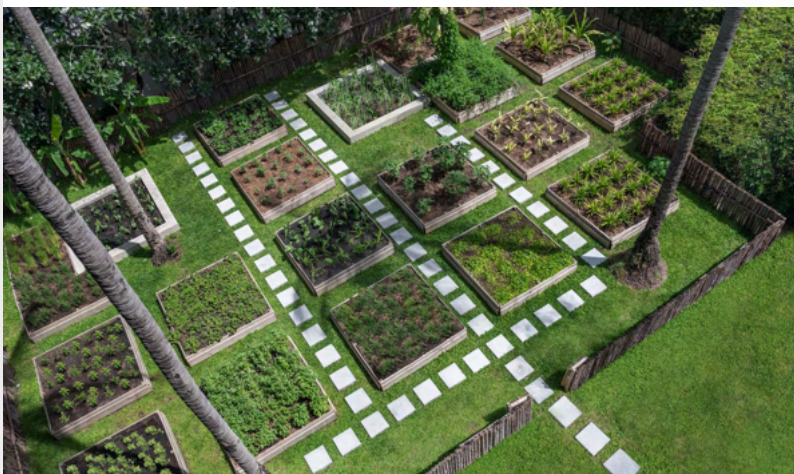
90 mins | 4,500++ THB

THE ROCKERY (BAMBOO & STONE)

WARM VOLCANIC STONE, BAMBOO BODY
MASSAGE, COOL STONE FACIAL COMPRESS

The experience begins with warm volcanic stones to increase circulation. Heated bamboo is then applied in rolling and kneading motions to penetrate the larger muscles, allowing the body to release long-held stiffness. The face is delicately massaged with cool stones to aid decongestion.

90 mins | 4,500++ THB



FORCES OF NATURE

A SUMMER STORM

FACIAL CONTOURING MASSAGE,
INVIGORATING BODY MASSAGE

Using medium to strong pressure and fast strokes, your therapist will increase facial circulation to stimulate collagen and elastin. This is followed by an invigorating body massage to alleviate tension and restore the flow of energy throughout the body.

90 mins | 4,500++ THB

JOURNEY OF A CLOUD

LYMPHATIC DRAINAGE MASSAGE, WHITE CLAY
BODY WRAP, RELAXING HEAD MASSAGE

Lymphatic drainage movements remove congestion and improve circulation throughout the body, invoking a feeling of lightness. Guests then lie back and are enveloped in the comfort of a white clay body wrap, designed to further detox the body. The finishing touch, a relaxing head massage, leaves you floating on air.

75 mins | 3,000++ THB

OCEAN TRANQUILLITY

BREATHING EXERCISE, OCEAN WAVE BODY
MASSAGE, TURQUOISE STONE ANOINTMENT

Begin with a meditative breathing exercise that mimics the ebbs and flow of waves to shift long held tension. Blue Chamomile essential oil provides the brilliant blue hue in the oil that is massaged gently into the skin using Aromatherapy and Lomi-Lomi techniques. Turquoise stones are anointed along shiatsu points on the face and scalp to promote skin and hair health.

75 mins | 3,000++ THB

WHISPERS OF THE WIND

DEEP RELEASE BODY MASSAGE, RELAXING FOOT
MASSAGE AND WARM FOOT & LEG
COMPRESSION

Experience a combination of traditional Thai massage and Chinese massage with warm medicated oil in this strong massage treatment. Reflexology points are triggered on the feet to stimulate internal organs and balance the body's systems. Hot compresses are then applied to the feet and legs to invigorate the circulatory and nervous system function.

75 mins | 3,000++ THB



RENEWAL FROM WITHIN

ECHOES OF THE PAST

CRYSTAL ENERGY HEALING, GENTLE BODY
MASSAGE, ROSE QUARTZ FACIAL COMPRESSION

Release blocked energy and balance your chakras with healing crystals handpicked for each individual guest. A gentle massage increases relaxation, improves circulation and the body's immune function. To complete the transformation, a Rose Quartz Crystal facial massage allows powerful serums to penetrate deeper into the skin for improved skin complexion and elasticity.

90 mins | 4,500++ THB



WARM RAYS OF THAI TOUCH

HERBAL BODY SCRUB,
TRADITIONAL THAI MASSAGE

Coconut oil, Thai herbs and local sea salt are heated and used to scrub the body from top to toe, increasing circulation and leaving the skin glowing. After that, let go of all tension and just “be” in the moment with Thailand’s most famous massage – the Thai Massage, in which rhythmic movements and deep stretches are performed at a methodical pace for the ultimate rejuvenation.

90 mins | 4,500++ THB



HEALING TOUCH

SINGING BOWLS, AROMATHERAPY BODY MASSAGE,
CRYSTAL CHAKRA ANOINTMENT

Experience deep relaxation and inner peace with singing bowls which offer powerful healing properties. This holistic treatment combines soothing sound therapy with unique aromatherapy massage techniques to reduce anxiety and release stress. Healing crystals help balance your chakras to cleanse and support energy flow for optimal balance and clarity.

75 mins | 3,000++ THB

LIFE ESSENCE

ABDOMINAL MASSAGE WITH HOT HERBAL
COMPRESSION

This slow massage works on the abdominal area, a place where tension is often held, using a combination of Thai and Chinese traditional techniques. The deep manual massage is a noninvasive treatment with relaxing and healing effects, used to treat a wide variety of health concerns. A hot herbal compress is applied to soothe muscles, improve circulation, and invigorate vital organs.

75 mins | 3,000++ THB

THE BEAUTY BAR

FACIAL

CRYSTAL ANTI-AGE FACIAL

A sequence of timeless, anti-aging techniques rooted in Ayurvedic healing traditions are utilised to reawaken the skin's natural healing energies. Turn back the hands of time and transform the skin with this intensely hydrating and nourishing treatment to increase firmness and elasticity, diminish the appearance of fine lines and restore a youthful glow. A Rose Quartz Crystal facial massage enables the powerful Age-Defying Cream to penetrate deeper into the skin for maximum benefits.

75 mins | 4,500++ THB

FACIAL DETOX TREATMENT

This hydrating facial perfectly balances effective moisturising and intense relaxation, combining signature products with ultra-sensory textures and a relaxing massage to soothe the skin and reveal its natural freshness. An enzymatic exfoliation is followed by skin cleansing and hydra-nourishing facial massage before your skin is given an instant moisture-infusing boost with the best-selling Hydra Sea Rehydrating Mask.

60 mins | 4,000++ THB

RADIANCE FACIAL TREATMENT

Ideal for skin that is sensitive or subject to redness, this facial treatment hydrates and softens the skin, improving its natural defense to emanate a radiant complexion. Gentle and comforting, this treatment acts to soothe the complexion with the localised application of a fresh, melting bi-gel and a rich, creamy mask which, after several minutes on the face, is softly massaged in to maximise the serum's healing and rejuvenating powers.

60 mins | 4,000++ THB

HOMME FACIAL FOR MEN

Keep your skin clean and fresh with a deep cleansing treatment that nourishes and hydrates the skin, as well as eliminates excess oil and toxins. Specially formulated for men's skin, this facial treatment leaves your skin looking bright, moist, and smooth, and is recommended to help control sebum production.

60 mins | 4,000++ THB

PURIFYING FACIAL TREATMENT

A deep cleansing programme for proven effectiveness against blemishes, this targeted cleansing and mattifying facial treatment leaves the skin clearer and visibly healthier. As well as the standard cleansing, massage and mask treatments, the facial combines two specific highly effective processes – an exfoliator that thoroughly cleanses the pores, and a serum to soothe the skin and provide a long-lasting matte effect. The result: skin flaws are limited, and excess sebum is regulated.

60 mins | 4,000++ THB

EXECUTIVE SKIN REJUVENATION FOR MEN

Experience the pampering by our expertly trained therapist with a treatment which incorporates 100% plant essence to balance the skin's natural oils while leaving you with a refreshed look. The session includes facial steaming, deep cleanse, and eye skin care.

60 mins | 4,000++ THB

MANICURE

60 mins | 1,500++ THB

PEDICURE

60 mins | 1,500++ THB

NAIL POLISH

60 mins | 1,200++ THB



ADD-ONS

HERBAL GARDEN BATHING RITUAL

30 mins | 1,200++ THB

LUXURIOUS CITRUS & COCONUT MILK BATH

30 mins | 1,200++ THB

EYE TREATMENT

30 mins | 1,000++ THB

ROSE LIFTING MASK

30 mins | 1,000++ THB

FAQ

HOW SHOULD I PREPARE FOR MY SPA TREATMENT?

To get the most from a spa experience, please arrive 15 minutes before your treatment to complimentary steam and sauna facilities.

DO I NEED TO TELL THE THERAPIST ABOUT ANY MEDICAL CONDITIONS?

Yes, it is important for your therapist to be fully aware of all your current medical conditions to avoid any contraindications.

ARE CHILDREN ALLOWED IN THE SPA?

Children above the age of 12 are allowed in the spa but must be accompanied by a parent or guardian, who will need to stay in the massage room for the duration of the massage treatment. Please ask our spa team members for guidance on choosing the treatment that best suits your child needs.

WHAT SHOULD I BRING TO THE SPA TREATMENT?

We recommend leaving valuables at home.

WHAT SHOULD I WEAR?

Disposable garments, sarong, and bathrobe are provided for your convenience at the spa.

WHAT IS THE CANCELLATION POLICY?

4 hours' notice is required for all services. Rescheduling of appointment is subject to availability. Any cancellation with less than 4 hours' notice will incur a 50% cancellation fee. A full charge will be imposed for a 'no-show'.

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